Putting the Heart Into Healthcare

Your Path to Recovery Starts Here

Courtland Rehabilitation and Healthcare Center rests in the charming town of Courtland, Virginia, nestled within the rich history of Southampton County. Just moments from Downtown Franklin and Southampton Medical Center, our facility has served the community for over three and a half decades. We take pride in providing a secure, welcoming environment, supported by a compassionate team dedicated to enhancing the quality of life for our cherished residents.

We understand that recovering from illness or injury can feel overwhelming, which is why we foster a warm, nurturing atmosphere where residents feel secure and empowered. At Courtland, we are committed to ensuring that you or your loved one receives the care and support needed every step of the way.

Our rehabilitation services focus on empowering recovery and restoring independence. Whether you're recovering from surgery, injury, or illness, our team supports you in achieving your rehabilitation goals and well-being.

Contact us today to learn more about how we can assist in your recovery journey.

Courtland Rehabilitation and Healthcare Center

+757-653-0908
23020 Main St.
Courtland, VA 23837

info@courtlandrehab.com
 YADatCourtland

YAD
HEALTHCARE

Courtland
REHABILITATION & HEALTHCARE CENTER

Welcome to Courtland Rehabilitation and Healthcare Center

Empowering Recovery, Restoring Independence

At Courtland Rehabilitation and Healthcare Center, we understand that every recovery journey is unique. Our rehabilitation services are designed to provide personalized care, helping patients regain independence and improve their quality of life. Our dedicated team of Physical and Occupational Therapists, along with Speech-Language Pathologists, work collaboratively to create customized treatment plans tailored to each individual's specific needs and goals. As a proud member of YAD Healthcare, we are committed to making your rehabilitation experience both positive and impactful.

Rehabilitation Services

Activities of Daily Living: Assisting patients with tasks essential for independent living, such as dressing, bathing, and grooming.

Balance and Fall Prevention: Implementing strategies and exercises to improve balance and reduce the risk of falls.

Cognition: Enhancing cognitive abilities through specialized therapies and activities tailored to individual needs.

Communication: Addressing speech and language difficulties to improve communication skills and quality of life.

Dysphagia: Providing assessment and treatment for swallowing disorders to ensure safe and efficient swallowing function.

Functional Mobility: Helping patients regain strength, flexibility, and coordination to perform daily activities with ease.

Pain Management: Utilizing various techniques and modalities to alleviate pain and improve comfort during the rehabilitation process.

Seating & Positioning: Customizing seating and positioning equipment to optimize comfort, posture, and functional mobility.

Splints/Braces: Designing and fitting custom splints and braces to support and stabilize joints for improved function and comfort.

Wound Care: Providing specialized wound care treatments and therapies to promote healing and prevent complications.

Specialized Sub-Acute Care

Our specialized unit for sub-acute rehabilitation features daily physical, occupational, and speech therapy, all supported by an expansive gym equipped with state-of-the-art facilities. With a compassionate approach, we ensure that every patient experiences a comfortable and highly effective rehabilitation journey. We also focus on coordinated care for a seamless transition post-discharge, ensuring that our patients continue their recovery with the support they need.

Everyday Comforts

- Delicious Meals & Dietary Monitoring
- Exciting Daily Activity Program
- Laundry Service and Room Cleaning
- Personal Beauty and Barber Shop
- Professional Podiatry and Vision Services
- Full In-house Pharmacy